

Courageous Conversations

Workshop information



Equip your leaders with the skills to navigate high-stakes conversations

Strong leadership isn't just about making decisions – it's about creating an environment where difficult conversations aren't avoided but handled with honesty and respect. Leaders who tackle tough topics with clarity and compassion generate trust and build a culture where people feel heard.

Through practice, participants will learn how to turn difficult discussions into moments of growth and connection. Rooted in the **Influencing** and **Collaborating** practices of the **practive8** model, the session provides practical techniques that leaders can apply immediately.

Why courageous conversations matter

Avoiding difficult conversations can allow small issues to grow into larger problems. Leaders who develop the confidence and capability to navigate these conversations can:

- Deliver clear, direct messages while maintaining relationships.
- Manage emotional responses effectively.
- Provide honest, constructive feedback that brings positive change.
- Practise self-compassion to stay effective under pressure.

"How did I go bankrupt? Two ways. Gradually, then suddenly." – Ernest Hemingway.

Workshop features for maximum impact

- 1. Practical and actionable**
Participants engage in forum theatre and small group exercises, practising real-life scenarios with skilled actor-facilitators who provide instant feedback.
- 2. Core techniques for handling tough conversations**
Learn structured approaches to preparing and delivering challenging conversations.
- 3. Prepare, practise, perfect**
Includes pre-work (reading and short films) and post-workshop resources to reinforce learning.
- 4. Customised for your organisation**
A 30-minute pre-session call ensures the workshop reflects your organisation's challenges, with facilitators adapting scenarios in real time.

Who is this workshop for?

Ideal for leaders at all levels who need to strengthen communication and leadership presence. This session is particularly valuable for mid-level managers, senior leaders, and those stepping into high-influence roles.

Why choose practive8?

- **Proven expertise:** Trusted by organisations across sectors to develop effective leadership communication.
- **Practical and engaging:** Our experiential approach ensures leaders leave with skills they can immediately apply.
- **Skilled facilitators:** Actor-facilitators bridge theory and practice, providing immersive learning experiences.

Take the next step

Contact us to book your session and give your leaders the tools to handle courageous conversations with confidence.

Pricing information

We offer two flexible options to suit your team:

- Small Cohort (8–11 participants): **£3,600** per session
- Large Cohort (12–16 participants): **£4,100** per session

If you're booking multiple workshops, we offer discounted rates. Get in touch, and we'll provide a pricing plan that works for you.