

Coaching for Growth

Workshop information



Empower your team and foster individual development

Great leaders don't just manage – they coach. Coaching is the key to unlocking potential, building trust, and driving sustained performance in individuals and teams.

This workshop equips leaders with the skills to provide effective coaching, deliver meaningful feedback, and support growth in others. Part of the **Coaching** and **Empowering** practices of the **practive8** model, this three-hour session helps participants develop a coaching mindset and the tools to make a lasting impact.

Why coaching for growth matters

Coaching isn't about solving problems for others; it's about guiding them to find their own solutions. Leaders who excel in coaching can:

- Foster accountability and independence within their teams.
- Build stronger relationships based on trust and collaboration.
- Inspire others to reach their full potential and achieve their goals.

As Sir John Whitmore said, "Coaching is unlocking a person's potential to maximise their own performance."

Workshop features for maximum impact

- 1. Practical coaching techniques**
Learn proven frameworks to structure effective coaching conversations.
- 2. Mastering feedback**
Practise delivering constructive, actionable feedback that drives improvement and growth.
- 3. Prepare, practise, perfect**
Includes pre-work (self-assessment tools and role-play preparation) and post-workshop materials to embed learning.
- 4. Customised for your context**
A pre-session consultation ensures the workshop reflects your organisation's coaching culture and challenges.

Who is this workshop for?

This workshop is ideal for managers, team leaders, and senior leaders who want to enhance their ability to coach others. It's particularly valuable for those looking to foster a culture of continuous development within their teams.

Why choose practive8?

- **Proven expertise:** Trusted by organisations across sectors to develop impactful coaching skills in leaders.
- **Practical and engaging:** Our workshops are designed for immediate application, ensuring lasting results.
- **Skilled facilitators:** Facilitators create realistic scenarios, providing participants with hands-on experience and valuable feedback.

Take the next step

Contact us to book your session and give your leaders the tools to empower their teams through effective coaching.

Pricing information

We offer two flexible options to suit your team:

- Small Cohort (8–11 participants): **£3,600** per session
- Large Cohort (12–16 participants): **£4,100** per session

If you're booking multiple workshops, we offer discounted rates. Get in touch, and we'll provide a pricing plan that works for you.